

PLUS AT HOME WITH NEW BACHELOR JAKE

SPECIAL DOUBLE ISSUE

# People

EXCLUSIVE PHOTOS

# JONAS WEDDING ALBUM!

With his 'best men' brothers by his side, Kevin Jonas marries Danielle Deleasa in a lavish fairy-tale wedding



Brittany Murphy  
**TORMENT AND TRAGEDY**

**HALF THEIR SIZE!**



Susan Sarandon & Tim Robbins  
**SPLIT**

JANUARY 11, 2010  
DISPLAY UNTIL JANUARY 18, 2010

\$4.49 US



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THEN  
286  
LBS.



"Every time I heard someone snicker, I thought it was about me," says Daley (in September p2007).

NOW  
186  
LBS.



"I used to wear guys' stuff, but my clothes are tighter and girlier now," says Daley (at Melrose High School on Dec. 15).

## LAUREN DALEY

AGE 17 / HEIGHT 5'10" / HOMETOWN Melrose, Mass.

Growing up, Daley was "a chubby kid," she admits. "While everybody was shaped like a cucumber, I was like a grapefruit." But her self-image didn't really sour until one day in middle school, when she walked down the hallway and a kid yelled, "Watch out! There's an earthquake!" Daley recalls. "It was traumatizing." After that, Daley tried to hide her size-24 figure by wearing oversize sweaters and baggy shorts, but when she looked in the mirror, she says, "I would have a breakdown and cry"—and then reach for the cookies or cereal she stashed in

her room. "The food mellowed the pain, but then I felt ashamed and disappointed in myself." The final straw came in '07 after a fight with her parents, who were encouraging her to pursue healthier habits. "I was in denial," she says. "But I was like, 'I'm tired of crying. Let's do this.'" That fall, Daley enrolled at Wellspring Academy, a weight-loss boarding school in Brevard, N.C., where she learned how to cook with low-fat ingredients like skim milk and Egg Beaters. Now 100 lbs. lighter, the high school senior says, "I feel on top of the world."